Successful Food Drive This Holiday Season

Thank you to everyone who donated non-perishable food for our patients! We received lots of great food items such as cereal, canned beans and vegetables, pasta, and other items that will feed many families this upcoming winter season.

Francisca Guevara, Associate Director of Community Support Services, is
excited about the great turn-out this year. "The food drive provides items that patients need and might not be available at food pantries such as cereal, granola bars, soups and canned fruit. It also give us the opportunity to connect patients to community resources such as the Fresh Truck, Mobile Market, WIC, and Food stamps where they can access healthy food for their families. It raises awareness on the issue of food insecurity among the vulnerable populations living in our community."

We want to say thank you to Market Basket Corporation for gifting us with gift cards that we will use to continue giving to our patients, and PTX for their staff's participation in the food drive. Thank you on behalf of our patients!

Mammography Van from Dana-Farber Cancer Institute

Dana-Farber's Mammography Van is the only mobile digital mammography program in Massachusetts, providing screenings and breast health education to women 40 years of age and older. The Mammography Van visited CRCH in Brighton the day before Thanksgiving to provide early cancer screening for our patients, and we would like to thank Salesforce’s Boston Office for providing breakfast to the patients that morning, encouraging all of our patients to prioritize preventive care and take charge of their own health and wellness!

Say Hello to New Members of our Staff!

Kate Sims - Chief Operating Officer
Kate Sims, RN, MBA is a Certified Patient Experience Professional, overseeing healthcare
Elizabeth Rohr - Family Nurse Practitioner

Elizabeth Rohr, FNP, is a family nurse practitioner, completing her nurse practitioner program at the University of California Los Angeles in 2015. Prior to that, Liz was a staff nurse at academic medical centers in Boston, MA Rochester, NY and San Diego, CA. She joined CRCH after working as a primary care provider at North Shore Community Health. She's passionate about community health, primary care, women’s health and education. When she's not working, she loves being with her family, and she loves to read. We are excited to welcome her to CRCH!

Free Smiles for our Patients

Our friends at Harvard School of Dental Medicine root canal dental surgery services to 17 CRCH patients, who could not have afforded these procedures otherwise.

Thank you for giving a great gift to our community members and giving our patients something worth smiling about!

Winter Health & Exercise Tips
Brrrr, it's Winter! Stay warm, stay active, stay healthy!

Bundle up and head outside for exciting activities that will get your Winter exercise done. Head over to DCR Reilly Memorial Park in Brighton or Waltham Veterans Memorial Park in Waltham for ice skating, or even show your skiing skills at the Blue Hills in Milton or go cross country skiing in Weston!

Also, don't forget to stay away from the flu by washing your hands frequently. Wash and scrub your hands thoroughly with soap and lukewarm water for 20 seconds! Can't use hand soap? Make sure you use hand sanitizer!

Charles River Community Health is committed to its mission to improving the health and well-being of the communities of Allston, Brighton, Waltham and surrounding areas by providing quality, comprehensive, coordinated care that is patient-centered, family friendly, and community focused.

Your continued generosity makes it possible for us to continue working to keep our community healthy.

Donate Now

STAY CONNECTED: